

Newsletter – March/April 2017

Long Course Season Wrap

It's been a busy end to a very busy long course season!

Congratulations to all of our members who have competed across the numerous club and school competitions during Term 1. There have been many great achievements and many PBs.

At a club level well done to all of our swimmers who competed at the All Juniors selection meet:

- **Louis Lefoe (8)**
- **Nathan Thomson (10)**
- **Ashton Roberts (10)**
- **Ned Wilson (11)**
- **Harry Long (11)**
- **Darcy Nicholson (12)**
- **Hudson Lefoe (12)**
- **Nicholas Harris (13)**
- **Fynn Baxter (13)**
- **Lachlan Bourke (13)**
- **Max Cronin (14)**
- **Cooper Johnson (14)**
- **Lachlan Shepherd (14)**
- **Georgia Neville (9)**
- **Jessica Long (9)**
- **Sienna Moore (10)**
- **Jessica May (10)**
- **Caitlin Read (10)**
- **Sienna Shepherd (11)**
- **Holly Neville (11)**
- **Isabella Lineham (11)**
- **Eliza Schmidt (11)**
- **Sophie Sibbald (11)**
- **Eva Jenkins (11)**
- **Aspen Chamberlain (11)**
- **Lexi Kappa (11)**
- **Fern O'Brien (11)**
- **Ella James (12)**
- **Chloe Joughin (12)**
- **Georgia Macmillan (12)**
- **Emily Roberts (12)**
- **Milla O'Brien (13)**
- **Ella Wearne (13)**
- **Emily Brennan (14)**

A special congratulations to the following swimmers who all made it through to the All Juniors Metro Championship Finals:

- **Fynn Baxter, Lachlan Bourke, Max Cronin, Ella James, Hudson Lefoe, Louis Lefoe, Jessica May, Holly Neville, Darcy Nicholson, Ashton Roberts, Lachlan Shepherd, Sienna Shepherd, Sophie Sibbald, Nathan Thomson, Ella Wearne.**
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[Good luck Bayside National Team!](#)

Good luck to the following swimmers who will be representing the club at the **2017 Australian Age Championships** in Brisbane, 16th-21st April:

- Paris Burlock (12)
- Josh Cooley (16)
- Tom Dale (14)
- Jordan Fox (16)
- Michael Garbelotto (15)
- Nick Georgiou (17)
- Aimee Grella (13)
- Cara Jenkins (14)
- Arthur Kiselnikov (16)
- Olivia Lefoe (14)
- Liam McLeod (17)
- Ben Putamorsi (16)
- Hannah Schmidt (14)
- Teah Vassiliadis (13)

This is the pinnacle of age group swimming in Australia so it's a great achievement to attend this event.

A special acknowledgement to **Brianna Vassiliadis** who missed the qualifying time by .07 as well as **Tayla Fox** and **Alex Georgiou** who also narrowly missed their times.

[2017-2018 Planning Updates & Parents Meeting](#)

Looking forward to the 2017-2018 season (starting July 1st) we will be implementing a few changes to our squad structures, squad entry procedures, club membership and competition expectations.

There will be a **compulsory parent meeting** on **Tuesday, 23rd May at 6:30pm** in the McBeath Room at Mentone Grammar (in the Greenways building) to discuss these changes.

Following this meeting, we will communicate via email the recommended squad allocation for each swimmer based on attendance patterns from 2016-2017 as well as feedback from the primary coaches of each squad.

Coach Brad and I will be available, by appointment, to sit down with parents and swimmers to discuss their swimming development during this time.

We will also offer an evaluation session on **Saturday, 3rd June 6:30am** for any swimmer/parent wanting to test themselves for a more advanced squad against our new squad entry guidelines.

The new squads and structure will commence on **Monday, 5th June 2017**

[Important Update – Swimming Victoria](#)

We are very pleased to announce a change to our Rules of Competition for Swimming Victoria events. From the 1st of July, 2017, we will be prohibiting the use of Technical/Performance suits for athletes aged 11 and under.

We are doing this to encourage young swimmers to stay in the sport, and to reinforce a focus on building confidence and technique amongst young swimmers, while removing the pressures of high costs that are associated with this kind of performance gear.

From 1 July, 11/U swimmers will need to have suits that mirror the image below (trunk style bathers, aqua short type cuts and mid-thigh lengths bathers are allowable).



[CLICK HERE](#) for more information.

[Training Updates](#)

- **District and State Squads** re-commence training on **Tuesday, 18th April**
- **National Development Squad** re-commences training on **Monday, 8th May**
- **National Performance Squad** re-commences training on **Monday, 15th May**
- Please check the website (www.baysideswimming.org.au) for all current training schedules April/May.
- Please make sure your swimmer(s) has all of the **required training equipment** ([CLICK HERE](#) for a complete list).

[Website Update - Team Records](#)

All of our long course and short course team records have now been digitized and have been added to the RECORDS feature of the team website.

You can access the records by [CLICKING HERE](#) once you have logged in.



[Thank you!](#)

Sharon Georgiou and **John Webber** sadly announced their resignations from the Bayside Club Committee in the last few weeks.

We sincerely thank Sharon and John for their years of dedicated service and commitment to our team.

[Upcoming Events](#)

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- **Sunday, May 21st 3:00pm - Bayside Junior Encouragement meet** – [CLICK HERE](#) for more info
 - **June long weekend – 9th to 12th June – Warrnambool Swim Meet**, great weekend away. Contact Belinda (memberships@baysideswimming.org) if you are interested.
 - **Sunday, 18th June 3pm – CLUB CHAMPIONSHIPS** – whole club event, Bayside Aquatics, Mentone Grammar.
 - **Saturday, 22nd July - PRESENTATION NIGHT** – whole club event.....watch this space.
 - **Sunday, 30th July – Bayside Short Course Meet**
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[Welcome Coach Brett Cassidy](#)



Bayside Swimming Club welcomes Coach Brett Cassidy to our coaching staff. Brett's most recent coaching position was at the Canberra International Sport and Aquatic Centre under former Olympic Coach Jim Fowlie.

A graduate of the University of Canberra with a Bachelor of Sport Coaching and Exercise science, Brett will be assisting with the State Squad and with the older swimmers.

2017 Senior High Performance Camp

The 2017 Senior High Performance camp is booked for **Saturday, 30th September – Thursday, 5th October 2017** at the Super Sports Centre in QLD.

We have secured great group booking prices on Tigerair and will charter a bus for airport drop-off and pick-up.

The camp is a fantastic experience for our team to train hard in the pool, in the gym and in our classroom sessions.

The camp is open to all State Squad swimmers (13 & over) as well as National Development and National Performance Squads.

This is a **MUST ATTEND** event.



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