

Newsletter – November 2016

Special Congratulations:

Congratulations to **Paris Burlock (12)** who won the junior category at the Leader Sports Star Awards Gala on Tuesday, 22nd November at Etihad Stadium!

Congratulations **Arthur Kiselnikov (16)** who qualified for Australian Age National Championships in the 200IM at the Victorian Preparation Meet!



Victorian Age Championships 2016

Congratulations and good luck to our team for the upcoming Victorian Age Championships (10-15 December 2016):

- Sienna Beaves
 - Jayde Boyd
 - Paris Burlock
 - Claudia Cazaux
 - Audrey Fogarty
 - Jordan Fox
 - Tayla Fox
 - Aimee Grella
 - Ella James
 - Cara Jenkins
 - Olivia Lefoe
 - Coco Liao
 - Poppy Livings (relay)
 - Jessica May
 - Holly Neville
 - Maddy Pitt
 - Emily Roberts (relay)
 - Hannah Schmidt
 - Sienna Shepherd
 - Sophie Sibbald
 - Tarn Smith
 - Brianna Vassiliadis
 - Teah Vassiliadis
 - Teiki Waata
 - Phoebe Wearne
 - Bridie Wilson
 - Nicholas Archibald
 - Riley Barker
 - Spencer Blain-Bartle
 - Lane Chetverikov
 - Joshua Cooley
 - Tomás Cooling (relay)
 - Gabriel Cornwell
 - John Cornwell
 - Max Cronin
 - Tom Dale
 - Michael Garbelotto
 - Alex Georgiou
 - Nick Georgiou
 - Arthur Kiselnikov
 - Makar Kiselnikov
 - Hudson Lefoe
 - Liam Mcleod
 - Ben Putamorsi
 - Lachlan Shepherd
 - Carl Simondson
 - Brannan Smith
 - Luke Tucker
 - Jack Williams
-

Training Updates

- Please check the website (www.baysideswimming.org.au) for all current training schedules including over Christmas/New Year and January to March/April.
 - **PUBLIC/SCHOOL HOLIDAYS** – As a team dedicated to the relentless pursuit of excellence, training will be conducted and encouraged on public/school holidays unless noted differently on the schedule or via email.
 - Please make sure your swimmer(s) has all of the **required training equipment** ([CLICK HERE](#) for a complete list).
-

Upcoming Meets

Please consult with the coaching staff on meets outside of the set schedule.

NOTE: Please note that these meets fill up FAST so look ahead and enter the meets on the schedule for your respective squads (these are all listed on the club website www.baysideswimming.org.au).

- **25th January 2017 – Bayside Australia Day Eve Sprint Meet**
 - [Event Flyer](#)
 - [More Info](#)
 - [Online Entries](#)
- **26th January 2017 – Great Australia Day Swim (Middle Brighton Pier)**
 - Team entry in the Open Division events
 - 1400m and 2.5km Open Water Swims
 - 650m Intermediate Swim
 - Junior Dash for 7-11 year olds
 - **[CLICK HERE TO REGISTER](#)**
- **11th-12th February 2017 – Victorian Sprint Championships**
 - [Qualifying Times](#)
 - [Event Listing](#)
- **26th February – MLC Long Course Meet (District/State Squads)**
 - [Event Flyer](#)
 - [Online Entries](#)



[Bayside Christmas Party](#)



2016 CHRISTMAS PARTY

When: 6:00pm Friday, 2nd December
Where: Bayside Aquatics Pool
RSVP: By 28th November



**CLICK HERE TO
RESERVE YOUR SPOT**

Contact Belinda Wilson with any questions (0408 310 470)

[2017 Junior Performance Camp – Toorak College](#)

The **Bayside Junior Performance Camp** will be held 18-20 January 2017 at Toorak College.

This will be a great opportunity for our junior swimmers to work with **Head Coach Tim Mulvihill** and experience some of the mental and technical skill work from the High Performance training camp.

Training volume and training intensity **WILL NOT** be a focus of this camp so please see it as a new opportunity for your swimmer(s) to improve their mental and physical swimming skills.

Approximate cost will be \$350 per swimmer inclusive of all costs. *If there is sufficient interest we can explore a charter bus to transport the swimmers to and from the Toorak College (additional cost per person).*

Please **RSVP** to Coach Tim (tim@baysideswimming.org.au) by **Monday, December 5th**.

[Save the Dates 2016-2017](#)

- **Friday 2nd December** - Bayside Xmas Celebration (CONFIRMED)
- **Thurs 15th December** - Bayside Albert Park Kris Kringle night (CONFIRMED)
- **19-20 Jan 2017** – Bayside Junior Performance Camp Toorak College (CONFIRMED)
- **Wed 25th Jan 2017** - Bayside Australia Day Eve Sprints Meet (CONFIRMED)
- **Thurs 9th March 2017** - Victorian All Schools Championships (CONFIRMED)

SPONSORS

Thank you to our **GOLD** level sponsors:



Thank you to our **SILVER** level sponsors:

