

Central QLD Swimming Association

PO Box 3108

Rockhampton QLD 4701

ABN: 83 899 117 106



Central Queensland Swimming Association invites all swimmers aged 9 years and over who are available and interested in being a member of the Central Queensland Regional Relay Teams competing at McDonalds QLD Championship in Brisbane on Saturday 9th December 2017 to nominate your expression of interest.

What you need to do:

- Complete the expression of interest form.
 - Confirm with your Coach that if selected, it is ok for you to swim as a member of the Central Queensland Relay Teams.
 - Ask for consent signatures from your club coach and parent!
 - Forward the form to CQ Swimming Association by email.
- Please do not text forms**
- Forms must be received by 6th November 2017

Email: cqswim@cqswim.org.au

What Next?

- Teams will be put together based on ages and times using Team Manager.
- Swimmers may be required to “swim up” an age level depending on numbers of nominations
- The teams will be announced via email and selected swimmers will be asked to immediately confirm their availability and order team singlet if required.

If you have any queries please email or call Amanda on 0407 488406



CQSA REGIONAL RELAY TEAMS

2017 McDonald's Queensland Championships
Brisbane Aquatic Centre
Saturday 9th December 2017

EXPRESSION OF INTEREST – NOMINATION FORM

Name: _____

Address: _____

_____ Post Code: _____

Email: _____ Telephone: _____

Club: _____ M'Ship No: _____

Date Of Birth: _____ Age As At 9/12/2017 _____ Male / Female

Please provide your best times since the 1.1.16 and where they were achieved:

50 Free: Time _____ Date: _____ Meet: _____

50 Back: Time _____ Date: _____ Meet: _____

50 Breast: Time _____ Date: _____ Meet: _____

50 Fly: Time _____ Date: _____ Meet: _____

PARENT'S CONSENT

I consent to my son/daughter swimming as a member of the Central Queensland Regional Relay teams at the 2017 McDonald's Queensland Championships.

Signed: _____ Date: _____

COACH'S CONSENT

I consent to this swimmer participating as a member of the Central Queensland Regional Relay teams at the 2017 McDonald's Queensland Championships.

Signed: _____ Date: _____

If you become unavailable, please advise cqswim@cqswim.org.au
or call 0407 488406 ASAP.