

Gladstone South



Swimming Club

JOHN DAHL SPRING SPRINT

Presented by FROST ENGINEERS

12th of October 2019

Venue: John Dahl Pool Complex Glenlyon Rd, Gladstone

Gates open: 6.30am – First event 8.30am

ONLINE NOMINATIONS ONLY

Nominations Close

11:30pm

Wednesday 2nd October 2019

NO LATE NOMINATIONS WILL BE ACCEPTED

Nominations \$5.50 per event (8 & over)
Nominations \$2.75 per event (7 & under)

Enquiries: Jo Gibson – 0488 923 847

GENERAL CONDITIONS

Competition will be conducted under the General Rules and By-Laws of Swimming Queensland. The meet is open to all SQ registered swimmers and other swimmers who meet the clearance criteria. Age group of competitors for the meet is the age as at the day of the competition (i.e. 12 October 2019). Athletes cannot swim 'up' an age in individual events. Multi Class swimmer's classification code should be provided with their nominations.

GENERAL INFORMATION

This event contains "Timed Finals" type events. Heats/ events may be amalgamated at the discretion of the Referee and Meet Director. Multi Class swimmers may compete in both able-body and multi-class events, however each swimmer can only accumulate points in (1) discipline of their choice.

Medals

Medals will be awarded to 1st, 2nd & 3rd place getters for all events for swimmers 8 years & over (excluding the Speed Machine)

Age Aggregate Champion & Runner up

Prizes will be awarded to the following age groups;
8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs & over, Multi Class.

Age Aggerate points will be awarded on all events (excluding IMs & Speed Machine)

Combined events will be multi aged to determine points.

Points system used will be

1st - 6 Points; 2nd - 3 Points; 3rd 1 point

In the event of a tie, the swimmer who has the fastest combined time will be the winner

Speed Machine prizes will be awarded as
1st - \$15 2nd - \$10 3rd - \$5

Speed machine Final top 6 will be determined from Speed Machine heats.

All 7 & under swimmers will receive a participation award.

Boys	Girls	Age	Event	Boys	Girls	Age	Event
1	2	8-9yrs	25m SPEED MACHINE HEATS	75	76	MCS	50m Fly
3	4	10-11yrs	25m SPEED MACHINE HEATS	77	78	7yrs/under	25m Free
5	6	12-13yrs	25m SPEED MACHINE HEATS	79	80	8yrs	25m Free
7	8	14 & over	25m SPEED MACHINE HEATS	81	82	9yrs	25m Free
9	10	12 & Under	100m IM	83	84	10yrs	25m Free
11	12	13 & Over	100m IM	85	86	11yrs	25m Free
13	14	7yrs/under	25m Fly	87	88	12yrs	25m Free
15	16	8yrs	25m Fly	89	90	13yrs	25m Free
17	18	9yrs	25m Fly	91	92	14yrs	25m Free
19	20	10yrs	25m Fly	93	94	15yrs	25m Free
21	22	11yrs	25m Fly	95	96	16yrs/over	25m Free
23	24	12yrs	25m Fly	97	98	MCS	25m Free
25	26	13yrs	25m Fly	99	100	10yrs/under	50m Free
27	28	14yrs	25m Fly	101	102	11-12yrs	50m Free
29	30	15yrs	25m Fly	103	104	13-14yrs	50m Free
31	32	16yrs/over	25m Fly	105	106	15yrs/over	50m Free
33	34	MCS	25m Fly	107	108	MCS	50m Free
35	36	10yrs/under	50m Back	109	110	10yrs/under	50m Breast
37	38	11-12yrs	50m Back	111	112	11-12yrs	50m Breast
39	40	13-14yrs	50m Back	113	114	13-14yrs	50m Breast
41	42	15yrs/over	50m Back	115	116	15yrs/over	50m Breast
43	44	MCS	50m Back	117	118	MCS	50m Breast
45	46	7yrs/under	25m Breast	119	120	7yrs/under	25m Back
47	48	8yrs	25m Breast	121	122	8yrs	25m Back
49	50	9yrs	25m Breast	123	124	9yrs	25m Back
51	52	10yrs	25m Breast	125	126	10yrs	25m Back
53	54	11yrs	25m Breast	127	128	11yrs	25m Back
55	56	12yrs	25m Breast	129	130	12yrs	25m Back
57	58	13yrs	25m Breast	131	132	13yrs	25m Back
59	60	14yrs	25m Breast	133	134	14yrs	25m Back
61	62	15yrs	25m Breast	135	136	15yrs	25m Back
63	64	16yrs/over	25m Breast	137	138	16yrs/over	25m Back
65	66	MCS	25m Breast	139	140	MCS	25m Back
67	68	10yrs/under	50m Fly	FINAL		8 - 9yrs	25m SPEED MACHINE FINAL
69	70	11-12yrs	50m Fly	FINAL		10-11yrs	25m SPEED MACHINE FINAL
71	72	13-14yrs	50m Fly	FINAL		12-13yrs	25m SPEED MACHINE FINAL
73	74	15yrs/over	50m Fly	FINAL		14yrs/over	25m SPEED MACHINE FINAL

A trophy will be awarded to the Club with Highest Points using the point system. Points will be scored as follows for

1st to 16th: 35, 30, 26, 23, 20, 17, 14, 11, 8, 7, 6, 5, 4, 3, 2, 1

in all individual events (Excluding Speed Machine & the 4 x 25m 7 & under events)