

**TUGGERANONG VIKINGS SWIM CLUB**  
**SOUTHERN CROSS BRINDABELLA SWIM CLUB**  
**SHORT COURSE RECORDS AS AT 25/02/2018**  
**FEMALE**

Age	Dist.	Stroke	Time	Date	Club	Name	Meet
5-5	50	Free	56.17	12-Nov-94	TNGV	Sophie Andriolo	FAI Woden Spring
	50	Back	1:16.00	14-Oct-11	TNGV	Hayley McCoy	2011 TVSC October Club Night
	50	Breast	1:21.32	12-Nov-94	TNGV	Sophie Andriolo	FAI Woden Spring
	50	Fly	2:00.00	1-Jan-89		STANDARD	
6-6	50	Free	48.94	22-Feb-00	TNGV	Rebecca Lewis	Hellenic Woden
	50	Back	56.47	28-Mar-08	TNGV	Alexis Cross	Club Night 4-28/03/2008
	50	Breast	1:06.56	14-Oct-95	TNGV	Sophie Andriolo	FAI Woden Graded
	50	Fly	57.65	22-Jul-95	TNGV	Sophie Andriolo	FAI Woden Double
	100	IM	2:09.98	4-Nov-01	TNGV	Michaela Leonard	Ginninderra Meet 01
7-7	50	Free	40.75	19-Oct-96	TNGV	Sophie Andriolo	FAI Woden Graded Meet
	100	Free	1:39.41	23-May-09	TNGV	Brooke Gilroy	TVSC Annual Qualifying Meet
	100	Free	1:39.18	24-Sep-00	SCBSC	Lyndsay Saywell	ATI Brndabella Dey Meet
	50	Back	48.30	27-Jul-02	TNGV	Michaela Leonard	Hellenic Woden Double Meet
	100	Back	1:46.13	3-Aug-08	TNGV	Abbey Webb	Teloepa WDS 2008
	50	Breast	53.62	17-Aug02	TNGV	Michaela Leonard	CLC ACT Short Course Championships
	100	Breast	1:58.47	8-Sep-02	TNGV	Michaela Leonard	Tuggeranong Vikings SC Development
	50	Fly	50.24	19-Oct-96	TNGV	Sophie Andriolo	FAI Woden Graded Meet
	50	Fly	47.99	22-Jul-00	SBSC	Lyndsay Saywell	Hellenic Woden Double Meet
	100	IM	1:48.44	19-Oct-96	TNGV	Sophie Andriolo	FAI Woden Graded Meet
8-8	50	Free	37.53	20-Jul-08	TNGV	Rebecca Cross	SCAT State Age Qualifying Meet
			37.47	28-Jul-01	SCBSC	Lyndsay Saywell	Hellenic Woden Double Meet
	100	Free	1:24.45	7-Aug-94	TNGV	Katie Stokes	Kippax
	200	Free	3:06.21	18-Jul-08	TNGV	Rebecca Cross	July 08 joint Club Night
	50	Back	43.75	5-Aug-17	TNGV	Sienna Sky	ACT Winter 2017
	100	Back	1:34.29	23-Jul-17	TNGV	Kate Patton	2017 Kippax Winter Development
	50	Breast	46.25	12-Jul-08	TNGV	Rebecca Cross	2008 NSW Country SC Championships
	100	Breast	1:39.82	12-Jul-08	TNGV	Rebecca Cross	2008 NSW Country SC Championships
	50	Fly	43.54	10-Aug-97	TNGV	Debbie Lewis	Ginninderra
			40.57	26-Aug-01	SCBSC	Lyndsay Saywell	Belconnen Winter Carnival
	100	Fly	1:47.72	21-Jun-03	TNGV	Michaela Tazreiter	Ginninderra State and Country Qual
			1:41.39	9-Oct-01	SCBSC	Lyndsay Saywell	Brindabell Club Meet
	100	IM	1:35.40	24-May-08	TNGV	Rebecca Cross	TVSC Annual Qualifying Meet
200	IM	3:27.49	01-Sep-17	TNGV	Kate Patton	TVSC September Club Night	
9-9	50	Free	33.87	18-Jul-09	TNGV	Rebecca Cross	2009 NSW Country SC Championships
	100	Free	1:13.76	5-Sep-98	TNGV	Debbie Lewis	NSW Winter State Age
	200	Free	2:45.03	21-Jun-09	TNGV	Rebecca Cross	ACT Winter Distance Meet
	400	Free	5:52.82	28-Jul-01	TNGV	Meagan Ramsay	Woden Double Meet
			5:48.61	28-Jul-01	SCBSC	Sri Barber	Hellenic Woden Double Meet
	50	Back	40.34	2-Aug-98	TNGV	Emily Duncan	NSW Winter State
	100	Back	1:25.97	24-Jul-10	TNGV	Abbey Webb	ACT Short Course Championships
	200	Back	3:08.78	19-Jul-97	TNGV	Emily Duncan	Woden Double
	50	Breast	41.88	5-Sep-98	TNGV	Debbie Lewis	NSW Winter State
	100	Breast	1:28.65	5-Sep-98	TNGV	Debbie Lewis	NSW Winter State Age
	200	Breast	3:13.20	21-Jun-09	TNGV	Rebecca Cross	ACT Winter Distance Meet
	50	Fly	36.69	24-Jul-10	TNGV	Abbey Webb	ACT Short Course Championships
	100	Fly	1:29.25	19-Aug-01	TNGV	Meagan Ramsay	Tuggeranong Vikings Dev
	200	Fly	3:23.40	22-Jul-00	TNGV	Kate Bingham	Hellenic Club Woden
	100	IM	1:24.81	23-May-09	TNGV	Rebecca Cross	TVSC Annual Qualifying Meet
	200	IM	3:03.96	21-Jun-09	TNGV	Rebecca Cross	ACT Winter Distance Meet
10-10	50	Free	31.53	13-Aug-10	TNGV	Breana Gilroy	2010 NSW State Age SC Championships
	100	Free	1:09.45	10-Jul-10	TNGV	Breana Gilroy	2010 NSW Country SC Championships
	200	Free	2:33.37	12-Jun-99	TNGV	Debbie Lewis	Rhem Winter Meet 99
			2:27.43	12-Nov-00	SCBSC	Lainee Sutton	Ginninderra Development
	400	Free	5:21.98	22-Oct-10	TNGV	Amelia Laudenbach	2010 TVSC Oct Club Night
			5:16.26	27-Jul-02	SCBSC	Sri Barber	Hellenic Woden Main Meet
	800	Free	12:16.34	27-Feb-09	TNGV	Rebekah McCoy	Club Night #2
	50	Back	37.62	26-Sep-10	ACT	Amelia Laudenbach	2010 NSW SC Development Meet
			37.62	2-Dec-00	SCBSC	Lainee Sutton	Man Dunn Pentathlon

Age	Dist.	Stroke	Time	Date	Club	Name	Meet
	100	Back	1:20.43	24-Jul-10	TNGV	Amelia Laudenbach	ACT Short Course Championships
	200	Back	2:54.20	2-Sep-95	TNGV	Erin Bingham	FAI Woden Development
	50	Breast	38.67	10-Jul-10	TNGV	Rebecca Cross	2010 NSW Country SC Championships
	100	Breast	1:24.36	10-Jul-10	TNGV	Rebecca Cross	2010 NSW Country SC Championships
	200	Breast	3:02.92	24-Jul-10	TNGV	Rebecca Cross	ACT Short Course Championships
	50	Fly	33.97	9-Jul-11	TNGV	Andrea Forshaw	2011 NSW Country SC Championships
	100	Fly	1:14.67	23-Jul-11	TNGV	Andrea Forshaw	ACT Winter 2011
	200	Fly	3:02.22	16-Sep-11	TNGV	Andrea Forshaw	2011 TVSC September Club Night
	100	IM	1:21.22	22-May-10	TNGV	Rebecca Cross	2010TVSC Annual Qualifying Meet
			1:19.48	12-Nov-00	SCBSC	Lainee Sutton	Ginninderra Develpment
	200	IM	2:47.92	24-Jul-10	TNGV	Rebecca Cross	ACT Short Course Championships
	400	IM	6:06.01	18-Jun-10	TNGV	Rebecca Cross	2010 1VSC June Club Night
11-11	50	Free	28.86	24-Aug-12	TNGV	Abbey Webb	2012 NSW SC State Age Championships
	100	Free	1:02.47	24-Aug-12	TNGV	Abbey Webb	2012 NSW SC State Age Championships
	200	Free	2:20.75	2-Aug-13	TNGV	Jacinta Essam	2013 NSW State Age SC Championships
			2:20.17	2-Jun-01	SCBSC	Lainee Sutton	ACT Winter Meet
	400	Free	5:01.07	13-May-11	TNGV	Rebecca Cross	2011 TVSC May Club Night
			4:51.16	28-Jul-01	SCBSC	Lainee Sutton	Hellenic Woden Double Meet
	800	Free	10:16.04	16-Aug-13	TNGV	Jacinta Essam	Club Night No 3 August 2013
			9:53.85	28-Jul-01	SCBSC	Lainee Sutton	Hellenic Woden Double Meet
	50	Back	33.92	9-Jun-12	TNGV	Andrea Forshaw	Ginninderra Winter SC Carnival 2012
	100	Back	1:13.18	12-Aug-11	TNGV	Amelia Laudenbach	NSW State Age SC Championships
	200	Back	2:40.75	23-Jul-11	TNGV	Amelia Laudenbach	ACT Winter 2011
	50	Breast	37.33	23-Jul-11	TNGV	Rebecca Cross	ACT Winter 2011
	100	Breast	1:19.76	25-Jun-11	TNGV	Rebecca Cross	Ginninderra Winter SC Carnival 2011
	200	Breast	2:50.45	17-Jun-11	TNGV	Rebecca Cross	2011 WSC June Club Night
	50	Fly	31.09	24-Aug-12	TNGV	Andrea Forshaw	2012 NSW SC State Age Championships
	100	Fly	1:08.62	24-Aug-12	TNGV	Andrea Forshaw	2012 NSW SC State Age Championships
	200	Fly	2:33.33	10-Jul-10	TNGV	Emma Gillingham	2010 NSW Country SC Championships
	100	IM	1:13.96	23-Jul-11	TNGV	Rebecca Cross	ACT Winter 2011
	200	IM	2:35.42	2-Aug-13	TNGV	Jacinta Essam	2013 NSW State Age SC Championships
			2:34.06	28-Jun-01	SCBSC	Lainee Sutton	Ginninderra Winter Meet
	400	IM	5:37.21	17-Jun-11	TNGV	Rebecca Cross	2011 TVSC June Club Night
12-12	50	Free	27.24	7-Jul-12	TNGV	Breana Gilroy	2012 NSWSC Country Championships
	100	Free	59.06	2-Aug-13	TNGV	Abbey Webb	2013 NSW State Age SC Championships
	200	Free	2:11.18	24-Aug-12	TNGV	Breana Gilroy	2012 NSW SC State Age Championships
	400	Free	4:27.49	12-Sep-14	TNGV	Jacinta Essam	2014 NSW State Open SC Championships
	800	Free	9:05.21	12-Sep-14	TNGV	Jacinta Essam	2014 NSW State Open SC Championships
	1500	Free	19:00.49	11-Mar-11	TNGV	Rebekah McCoy	2011 TVSC March Club Night
			18:20.93	27-Jul-02	SCBSC	Lainee Sutton	Heilenic Woden Main Meet
	50	Back	32.27	7-Jul-12	TNGV	Breana Gilroy	2012 NSWSCCountryChampionships
	100	Back	1:07.47	24-Aug-12	TNGV	Breana Gilroy	2012 NSW SC State Age Championships
	200	Back	2:26.02	7-Jul-12	TNGV	Amelia Laudenbach	2012 NSW SC Country Championships
	50	Breast	34.76	21-Jul-12	TNGV	Rebecca Cross	ACT Winter 2012
	100	Breast	1:15.43	7-Jul-12	TNGV	Rebecca Cross	2012 NSW SC Country Championships
	200	Breast	2:41.15	7-Jul-12	TNGV	Rebecca Cross	2012 NSW SC Country Championships
	50	Fly	30.83	22-Jun-13	TNGV	Andrea Forshaw	ACT Winter 2013
	100	Fly	1:06.66	7-Jul-12	TNGV	Breana Gilroy	2012 NSW SC Country Championships
	200	Fly	2:23.86	29-Aug-14	TNGV	Jacinta Essam	2014 NSW SC State Age Champs
	100	IM	1:11.56	26-May-12	TNGV	Rebecca Cross	2012 TVSC Annual Qualifying Meet
	200	IM	2:26.03	29-Aug-14	TNGV	Jacinta Essam	2014 NSW State Age SC Championships
	400	IM	5:05.28	5-Jul-14	TNGV	Jacinta Essam	2014 NSW SC Country Championships
13-13	50	Free	26.46	6-Jul-13	TNGV	Breana Gilroy	2013 NSW SC Country Championships
	100	Free	58.29	29-Aug-14	TNGV	Abbey Webb	2014 NSW State Age SC Championships
	200	Free	2:05.66	2-Aug-13	TNGV	Breana Gilroy	2013 NSW State Age SC Championships
	400	Free	4:22.19	30-May-15	TNGV	Jacinta Essam	Tuggeranong Vikings Qual Meet
	800	Free	8:47.63	30-May-15	TNGV	Jacinta Essam	Tuggeranong Vikings Qual Meet
	1500	Free	17:33.78	16-Jun-12	TNGV	Emma Gillingham	ACT Winter Distance Meet
	50	Back	29.29	24-May-14	TNGV	Courtney Taylor	2014 TVSC Ann Qualifying Meet
	100	Back	1:02.95	24-May-14	TNGV	Courtney Taylor	2014 TVSC Ann Qualifying Meet
	200	Back	2:20.43	24-May-14	TNGV	Courtney Taylor	2014 TVSC Ann Qualifying Meet
	50	Breast	33.87	6-Jul-13	TNGV	Rebecca Cross	2013 NSW SC Country Championships
	100	Breast	1:12.26	2-Aug-13	TNGV	Rebecca Cross	2013 NSW State Age SC Championships
	200	Breast	2:34.43	2-Aug-13	TNGV	Rebecca Cross	2013 NSW State Age SC Championships
	50	Fly	29.54	24-May-14	TNGV	Courtney Taylor	2014 TVSC Ann Qualifying Meet
	100	Fly	1:04.71	29-Aug-14	TNGV	Andrea Forshaw	2014 NSW State Age SC Championships
	200	Fly	2:20.47	29-Aug-14	TNGV	Andrea Forshaw	2014 NSW State Age SC Championships

Age	Dist.	Stroke	Time	Date	Club	Name	Meet
	100	IM	1:06.17	6-Jul-13	TNGV	Rebecca Cross	2013 NSW SC Country Championships
	200	IM	2:18.51	2-Aug-13	TNGV	Rebecca Cross	2013 NSW State Age SC Championships
	400	IM	4:56.48	04-Jul-15	TNGV	Jacinta Essam	2015 NSW SC Country Championships
14-14	50	Free	26.06	5-Jul-14	NSW	Breana Gilroy	2014 NSW SC Country Championships
	100	Free	57.41	5-Jul-14	NSW	Breana Gilroy	2014 NSW SC Country Championships
	200	Free	2:05.84	5-Jul-14	TNGV	Breana Gilroy	2014 NSW SC Country Championships
	400	Free	4:24.97	7-Jul-12	TNGV	Rebekah McCoy	2012 NSW SC Country Championships
	800	Free	9:05.10	19-Jul-13	TNGV	Emma Gillingham	2013 NSW State Open SC Champs
	1500	Free	17:36.46	8-Jun-13	TNGV	Emma Gillingham	Ginninderra Winter SC Carnival
	50	Back	28.83	26-Sep-14	TNGV	Courtney Taylor	2014 State Teams Short Course
	100	Back	1:01.20	30-May-15	TNGV	Courtney Taylor	Tuggeranong Vikings Qual Meet
	200	Back	2:18.17	5-Jul-14	TNGV	Courtney Taylor	2014 NSW SC Country Championships
	50	Breast	33.06	5-Jul-14	TNGV	Rebecca Cross	2014 NSW SC Country Championships
	100	Breast	1:11.26	20-Sep-13	NSW	Rebecca Cross	2013 State Teams Short Course
	200	Breast	2:31.64	20-Sep-13	NSW	Rebecca Cross	2013 State Teams Short Course
	50	Fly	28.63	26-Sep-13	NSW	Courtney Taylor	2014 State Teams Short Course
	100	Fly	1:04.60	04-Jul-15	TNGV	Andrea Forshaw	2015 NSW SC Country Championships
	200	Fly	2:17.97	20-Sep-13	NSW	Emma Gillingham	2013 State Teams Short Course
	100	IM	1:04.71	30May15	TNGV	Courtney Taylor	Tuggeranong Vikings Qual Meet
	200	IM	2:15.58	20-Sep-13	NSW	Rebecca Cross	2013 State Teams Short Course
	400	IM	4:50.04	20-Sep-13	NSW	Rebecca Cross	2013 State Teams Short Course
15-15	50	Free	26.08	30-May-15	TNGV	Breana Gilroy	Tuggeranong Vikings Qual Meet
	100	Free	57.93	2-Aug-13	TNGV	Shannon Maloney	2013 NSW State Age SC Championships
	200	Free	2:03.25	2-Aug-13	TNGV	Shannon Maloney	2013 NSW State Age SC Championships
	400	Free	4:16.93	12-Sep-14	TNGV	Rebecca Cross	2014 NSW State Open SC Championships
	800	Free	8:58.29	5-Jul-14	NSW	Emma Gillingham	2014 NSW SC Country Championships
	1500	Free	17:14.09	24-Aug-14	TNGV	Emma Gillingham	2014 ACT Winter Distance Series 4
	50	Back	28.44	04-Jul-15	TNGV	Courtney Taylor	2015 NSW SC Country Championships
	100	Back	1:01.16	20-Jun-15	TNGV	Courtney Taylor	Ginninderra Winter SC Carnival
	200	Back	2:16.90	04-Jul-15	TNGV	Courtney Taylor	2015 NSW SC Country Championships
	50	Breast	32.38	12-Sep-14	TNGV	Rebecca Cross	NSW State Open SC Championships
	100	Breast	1:11.04	29-Aug-14	TNGV	Rebecca Cross	2014 NSW State Age SC Championships
	200	Breast	2:28.43	26-Sep-14	TNGV	Rebecca Cross	2014 State Teams Short Course
	50	Fly	28.11	20-Sep-13	NSW	Shannon Maloney	2013 State Teams Short Course
	100	Fly	1:01.87	22-Aug-13	TNGV	Shannon Maloney	2013 Australian SC Championships
	200	Fly	2:16.31	29-Aug-14	TNGV	Emma Gillingham	2014 NSW State Age SC Championships
	100	IM	1:04.90	04-Jul-15	TNGV	Courtney Taylor	2015 NSW SC Country Championships
	200	IM	2:17.08	26-Sep-14	TNGV	Rebecca Cross	2014 NSW State Teams Short Course
	400	IM	4:52.08	29-Aug-14	TNGV	Rebecca Cross	2014 NSW State Age SC Championships
16-16	50	Free	27.03	29-Aug-14	TNGV	Shannon Maloney	2014 NSW State Age SC Championships
	100	Free	58.82	28-May-17	TNGV	Courtney Taylor	TVSC Annual Qualifying Meet
	200	Free	2:08.34	21-Jun-14	TNGV	Shannon Maloney	2014 Ginninderra Winter SC Carnival
	400	Free	4:20.72	21-Jun-14	TNGV	Shannon Maloney	2014 Ginninderra Winter SC Carnival
	800	Free	8:57.31	04-Jul-15	TNGV	Emma Gillingham	2015 NSW SC Country Championships
	1500	Free	25:00.00	1-Jan-89		STANDARD	
	50	Back	28.82	28-May-17	TNGV	Courtney Taylor	TVSC Annual Qualifying Meet
	100	Back	1:05.52	29-Aug-14	TNGV	Shannon Maloney	2014 NSW State Age SC Championships
	200	Back	2:20.08	28-May-17	TNGV	Courtney Taylor	TVSC Annual Qualifying Meet
	50	Breast	34.97	10-Jul-10	TNGV	Ashleigh Streatfield	2010 NSW Country SC Championships
			34.22	5-Sep-98	SCBSC	Kristy Okkonen	NSW Winter State Age
	100	Breast	1:14.30	22-Jun-02	TNGV	Kathleen Rowell	Ginninderra State and Country Qualifying
			1:14.04	5-Sep-98	SCBSC	Kristy Okkonen	NSW Winter State Age
	200	Breast	2:41.44	13-Aug-10	TNGV	Ashleigh Streatfield	2010 NSW State Age SC Champs
	50	Fly	28.65	21-Jun-14	TNGV	Shannon Maloney	2014 Ginninderra Winter SC Carnival
	100	Fly	1:03.39	29-Aug-14	TNGV	Shannon Maloney	2014 NSW State Age SC Championships
	200	Fly	2:18.02	04-Jul-15	TNGV	Emma Gillingham	2015 NSW SC Country Championships
	100	IM	1:05.18	28-May-17	TNGV	Courtney Taylor	TVSC Annual Qualifying Meet
	200	IM	2:21.80	30-May-15	TNGV	Leah Allen	2015 NSW SC Country Championships
	400	IM	4:58.95	04-Jul-15	TNGV	Leah Allen	2015 NSW SC Country Championships
17-17	50	Free	28.46	24-May-03	TNGV	Alana Forster	Metropolitan, Country & State Qualifying
	100	Free	1:01.25	24-May-03	TNGV	Angela Lewis	Metropolitan, Country & State Qualifying
	200	Free	2:13.29	30-May15	TNGV	Rebekah McCoy	Tuggeranong Vikings Qual Meet
	400	Free	4:39.47	7-Jul-00	TNGV	Hayley Seton	NSW Country S/C C/ships
	800	Free	9:44.97	22-Jul-00	TNGV	Hayley Seton	Helienic Club Woden
	1500	Free	25:00.00	1-Jan-89		STANDARD	
	1500	Free	20:13.27	27-Jul-02	SCBSC	Sonja Falez	Heilenic Woden Main Meet

Age	Dist.	Stroke	Time	Date	Club	Name	Meet
	50	Back	32.85	25-Jun-11	TNGV	Ashleigh Streatfield	Ginninderra Winter SC Carnival
	100	Back	1:09.55	21-May-11	TNGV	Ashleigh Streatfield	2011 1VSC Annual Qualifying Meet
	200	Back	2:28.99	23-Jul-11	TNGV	Ashleigh Streatfield	ACT Winter 2011
	50	Breast	35.38	9-Jul-11	TNGV	Ashleigh Streatfield	2011 NSW Country SC Championships
			35.25	8-Aug-99	SCBSC	Kristy Okkonen	NSW Winter State Open
	100	Breast	1:16.18	30-Mar-03	TNGV	Kathleen Powell	WSC 2003 Club Championships
			1:14.81	31-Jul-99	SCBSC	Kristy Okkonen	NSW Winter State Age
	200	Breast	2:41.93	9-Aug-03	TNGV	Kathleen Powell	CLC ACT Short Course Championships
			2:40.13	8-Aug-99	SCBSC	Kristy Okkonen	NSW Winter State Open
	50	Fly	29.14	5-Aug-17	TNGV	Courtney Taylor	ACT Winter 2017
	100	Fly	1:03.61	04-Jul-15	TNGV	Rebekah McCoy	2015 NSW SC Country Championships
	200	Fly	2:27.15	30-May-15	TNGV	Rebekah McCoy	Tuggeranong Vikings Qual Meet
	100	IM	1:07.66	30-May-15	TNGV	Rebekah McCoy	Tuggeranong Vikings Qual Meet
	200	IM	2:25.69	9-Jul-11	TNGV	Ashleigh Streatfield	2011 NSW Country SC Championships
	400	IM	5:04.79	12-Aug-11	TNGV	Ashleigh Streatfield	2011 NSW State Age SC Champs
18-18	50	Free	27.95	26-Jul-03	TNGV	Angela Lewis	Woden Double Meet
	100	Free	1:00.42	12-Sep-03	TNGV	Angela Lewis	NSW State Age SC 2003
	200	Free	2:17.33	04-Jul-15	TNGV	Samantha Young	2015 NSW SC Country Championships
	400	Free	4:43.11	04-Jul-15	TNGV	Samantha Young	2015 NSW SC Country Championships
	800	Free	10:02.09	23-May-09	TNGV	Bianca Pitts	TVSC Annual Qualifying Meet
	1500	Free	25:00.00	1-Jan-89		STANDARD	
	50	Back	32.43	12-Sep-03	TNGV	Angela Lewis	NSW State Age SC 2003
	100	Back	1:08.29	12-Sep-03	TNGV	Angela Lewis	NSW State Age SC 2003
	200	Back	3:00.00	1-Jan-89		STANDARD	
	50	Breast	35.72	24-Jul-09	TNGV	Bianca Pitts	2009 NSW State Open SC Championships
	50	Breast	35.10	26-Aug-00	SCBSC	Kristy Okkonen	NSW State Age Championships
	100	Breast	1:17.51	24-Jul-09	TNGV	Bianca Pitts	2009 NSW State Open SC Championships
	100	Breast	1:15.10	26-Aug-00	SCBSC	Krtsty Okkonen	NSW State Age Championships
	200	Breast	2:49.46	24-Jul-09	TNGV	Bianca Pitts	2009 NSW State Open SC Championships
	200	Breast	2:44.10	19-Aug-00	SCBSC	Krlysty Okkonen	Victorian Open/12&U Championships
	50	Fly	30.49	5-Jul-14	TNGV	Brittany Ross	2014 NSW SC Country Championships
	100	Fly	1:09.04	41825	TNGV	Brittany Ross	2014 NSW SC Country Championships
	200	Fly	2:31.02	4-Jul-09	TNGV	Bianca Pitts	Ginninderra Winter Short Course Carnival
	100	IM	1:09.02	9-Aug-03	TNGV	Angela Lewis	CLC ACT Short Course Championships
	200	IM	2:27.05	24-Jul-09	TNGV	Bianca Pitts	2009 NSW State Open SC Championships
	400	IM	7:00.00	1-Jan-89		STANDARD	
Open	50	Free	26.06	5-Jul-14	NSW	Breanna Gilroy	2014 NSW SC Country Championships
	100	Free	57.41	5-Jul-14	NSW	Breanna Gilroy	2014 NSW SC Country Championships
	200	Free	2:03.25	02-Aug-13	TNGV	Shannon Maloney	2013 NSW State Age SC Championships
	400	Free	4:16.93	12-Sep-14	TNGV	Rebecca Cross	2014 NSW State Open SC Championships
	800	Free	8:47.63	30-May-15	TNGV	Jacinta Essam	Tuggeranong Vikings Qual Meet
	1500	Free	17:14.09	24-Aug-14	TNGV	Emma Gillingham	2014 ACT Winter Distance Series 4
	50	Back	28.44	04-Jul-15	TNGV	Courtney Taylor	2015 NSW SC Country Championships
	100	Back	1:01.16	20-Jun-15	TNGV	Courtney Taylor	Ginninderra Winter SC Carnival
	200	Back	2:16.90	04-Jul-15	TNGV	Courtney Taylor	2015 NSW SC Country Championships
	50	Breast	32.38	12-Sep-14	NSW	Rebecca Cross	2014 NSW State Open SC Championships
	100	Breast	1:11.04	29-Aug-14	TNGV	Rebecca Cross	2014 NSW State Age SC Championships
	200	Breast	2:28.43	26-Sep-14	TNGV	Rebecca Cross	2014 State Teams Short Course
	50	Fly	28.11	20-Sep-13	NSW	Shannon Maloney	2013 State Teams SC Meet
	100	Fly	10L87	22-Aug-13	TNGV	Shannon Maloney	2013 Australian SC Champs
	200	Fly	2:16.31	29-Aug-14	TNGV	Emma Gillingham	2014 NSW State Age SC Championships
	100	IM	1:04.71	30-May-15	TNGV	Courtney Taylor	Tuggeranong Vikings Qual Meet
	200	IM	2:15.58	20-Sep-13	NSW	Rebecca Cross	2013 State Teams SC Meet
	400	IM	4:50.04	20-Sept-13	NSW	Rebecca Cross	2013 State Teams SC Meet