



2021 Central Queensland Sprint Championships

Saturday, 16th January 2021

Venue: Gladstone Aquatic Centre, 60 Tank St, Gladstone

Gates Open 7.30am First Event 9.00am

GATE ENTRY \$5 PER ADULT

Online Nominations Close:

WEDNESDAY 6TH JANUARY 2021, 11.59PM

Nominations: **\$9.00 (\$4.00 7&U)**

Relays **\$20.00/team**

INDIVIDUAL NOMINATIONS AND RELAYS FOR THIS MEET ARE ON LINE THROUGH SWIM CENTRAL.

Enquiries to: Susan Brown **0427 732 557**

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LATE ENTRIES WILL NOT BE ACCEPTED

Evt #	Gender	Age	Dist	Stroke	Evt #	Gender	Age	Dist	Stroke
1	Girls	8 & Over	50	Breaststroke	17	Girls	8 & Over	50	Butterfly
2	Boys	8 & Over	50	Breaststroke	18	Boys	8 & Over	50	Butterfly
3	Girls	MCS	50	Breaststroke	19	Girls	MCS	50	Butterfly
4	Boys	MCS	50	Breaststroke	20	Boys	MCS	50	Butterfly
5	Girls	7 & Under	50	Breaststroke	21	Girls	7 & Under	50	Butterfly
6	Boys	7 & Under	50	Breaststroke	22	Boys	7 & Under	50	Butterfly
7	Girls	8 & Over	50	Backstroke	23	Girls	8 & Over	50	Freestyle
8	Boys	8 & Over	50	Backstroke	24	Boys	8 & Over	50	Freestyle
9	Girls	MCS	50	Backstroke	25	Girls	MCS	50	Freestyle
10	Boys	MCS	50	Backstroke	26	Boys	MCS	50	Freestyle
11	Girls	7 & Under	50	Backstroke	27	Girls	7 & Under	50	Freestyle
12	Boys	7 & Under	50	Backstroke	28	Boys	7 & Under	50	Freestyle
13	Girls	OPEN	200	Medley Relay	29	Girls	12 & Under	200	Medley Relay
14	Boys	OPEN	200	Medley Relay	30	Boys	12 & Under	200	Medley Relay
15	Girls	12 & Under	200	Free Relay	31	Girls	OPEN	200	Free Relay
16	Boys	12 & Under	200	Free Relay	32	Boys	OPEN	200	Free Relay

MEET INFORMATION:

1. Competition will be conducted under the General Rules and By-Laws of Swimming Australia and Swimming Queensland.
2. The Meet is open to all swimmers who are Registered Financial members of an affiliated CQ Club. Swimmers who are registered financial members of other SQ/SA clubs (visitors) are eligible to enter upon meeting clearance criteria. Such visitors are eligible to swim heats only and are not eligible for points or awards.
3. Age of competitors for the Meet is the age as on 16/1/2021.
4. Athletes cannot swim 'up' an age in individual events..
5. Finals will be swum as per the following age groups: 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over and Multi Class.
6. Events may be amalgamated at the discretion of the Referee.
7. No Substitutions will be allowed.
8. Relay Events will be swum as Timed Finals and team placings count towards team high points award.
9. Finals for each stroke will be swum at the conclusion of the heats session for that stroke following short break.
10. All heats will be seeded **fastest to slowest**.

AWARDS:

1. Medals will be awarded to 1st, 2nd & 3rd in the finals only in each age group, MC and relays.
2. Points 1st-16th: 35, 30, 26, 23, 20, 17, 14, 11, 8, 7, 6, 5, 4, 3, 2, 1 in the finals will determine Age Champion and Runner up. Multi Class Age Champion determined by MC Point Score.
3. 7&U's will each receive a participation award.
4. Simmo's Best Overall Performance Perpetual Trophy – fastest combined times over 4 strokes in finals, male & female.
5. Team High Points – Finals Only (as detailed in 2 above), 7&U participation (2 points per 7&U competitor) & Relay Placing.

Meet Proudly Hosted by CQSA, Gladstone SC & Gladstone South SC.