



GLADSTONE SWIMMING CLUB INC.

PRESENTS

McDonald's Gladstone Region 2021 HARBOUR CITY SWIM MEET



Friday 22 - Sunday 24 January 2021

Gladstone Aquatic Centre, 60 Tank St., Gladstone

*****APPROVED QUALIFYING MEET FOR 2021 QLD SPRINT CHAMPS, STATES AND NATIONALS*****

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| Enquiries to: Susan Brown 0427732557 susangbrown@hotmail.com.au | Nominations Close: 11.59pm Wednesday 13 th January 2021 Nominations: via Swim Central – Nominations \$6.00, 25m events \$3.50. Relays \$12.00 On line nominations will be opened on the 9th December 8am. Please note - late nominations will not be accepted |
| Newprint HRG - HIGH POINT CLUB TROPHY Trophies will be awarded to the Clubs with the highest points - 1 st , 2 nd & 3 rd | BlueFit - SPRINT CHALLENGE - \$560 4 X 50M EVENTS 1 ST : \$40, 2 ND : \$20, 3 RD : \$10 for each event |

GENERAL CONDITIONS

The meet will be conducted under FINA, SAL and SQ swimming rules, by laws and the general rules of CQSA.

The Meet is open to SQ registered swimmers and other swimmers who meet clearance criteria.

Nominations and entry via Swim Central.

Age group of competitors for the Meet is the age as at the first day of competition i.e. 22 January 2021.

Athletes cannot swim 'up' an age group.

GENERAL INFORMATION

All events will be conducted as "Multi-Age", "Timed Finals" type events.

Events may be amalgamated at the discretion of the Referee and Meet Director.

Multi Class swimmers may compete in both able-body and Multi Class events, however each swimmer can only accumulate points in one (1) discipline of their choice.

7 & Under will receive participation awards.

AWARDS

MEDALS

Medals will be awarded to 1st, 2nd and 3rd as per placings, excluding age events as listed below. These will be Multi-Aged to determine medals.

For distance events, the Multi-Age groups will be 13yrs & Under and 14yrs & Over.

AGE AGGREGATE & RUNNER UP AWARDS

Age Aggregate prizes will be awarded to the following age groups: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15 & Over and MCS.

AGE AGGREGATE POINTS

Age events 8 to 11 years 4 x 50m events & 200IM

12 to 15 years & Over 4 x 100m events & 200IM

MCS 4 x 50m events & 100m Free

The points system used will be as follows:

1st to 16th 35, 30, 26, 23, 20, 17, 14, 11, 8, 7, 6, 5, 4, 3, 2, 1

"BLUEFIT" - SPRINT CHAMPIONS (Male & Female)

Trophies will be awarded to the highest points from the overall results of the four 50m events. Points will be as per Age Aggregate Points.

HARBOUR CITY DISTANCE CHAMPIONS (Male & Female) (THE JOHN & SHIRLEY ALLEN TROPHIES)

Trophies will be awarded to the highest points from the overall results of the nine distance events (ie. 200m form strokes, 200m & 400m IM, 200m, 400m 800m & 1500m Free). Points will be as per Age Aggregate Points

"NEWPRINT HRG" - HIGH POINT CLUB

Points will be scored as follows for 1st to 16th in both individual and relay events: 35, 30, 26, 23, 20, 17, 14, 11, 8, 7, 6, 5, 4, 3, 2, 1

MONEY PRIZES FOR RELAYS

Money will be awarded only to 1st placing in each of the relay events. The amount awarded is \$50

| SESSION 1 FRIDAY AFTERNOON EVENTS Gates open 5pm, first event at 6pm | | | | |
|--|----|---------------|-------|----------------------|
| F | M | Age | Dist | Stroke |
| 1 | 2 | 11yrs & Over | 800m | Freestyle |
| 3 | 4 | 11yrs & Over | 1500m | Freestyle |
| SESSION 2 SATURDAY EVENTS Gates open at 7am, first event at 8.30am | | | | |
| 5 | 6 | 11yrs & Over | 400m | IM |
| 7 | 8 | 9yrs & Under | 25m | Backstroke |
| 9 | 10 | 10yrs & Over | 200m | Backstroke |
| 11 | 12 | 9 - 11yrs | 100m | Breaststroke |
| 13 | 14 | Multi Class | 100m | Breaststroke |
| 15 | 16 | 12yrs & Over | 100m | Breaststroke |
| 17 | 18 | 8 - 11yrs | 50m | Butterfly |
| 19 | 20 | Multi Class | 50m | Butterfly |
| 21 | 22 | 12yrs & Over | 50m | Butterfly |
| 23 | 24 | 9yrs & Under | 25m | Freestyle |
| 25 | 26 | 10yrs & Over | 200m | Freestyle |
| 27 | 28 | 9 - 11yrs | 100m | Backstroke |
| 29 | 30 | Multi Class | 100m | Backstroke |
| 31 | 32 | 12yrs & Over | 100m | Backstroke |
| 33 | 34 | 8 - 11yrs | 50m | Breaststroke |
| 35 | 36 | Multi Class | 50m | Breaststroke |
| 37 | 38 | 12yrs & Over | 50m | Breaststroke |
| 39 | 40 | 9yrs & Under | 25m | Butterfly |
| 41 | 42 | 10yrs & Over | 400m | Freestyle |
| Note: a Lunch Break will be provided at an appropriate time in the session | | | | |
| SESSION 3 SUNDAY EVENTS Gates open at 7am, first event at 8.30am | | | | |
| 43 | 44 | 10yrs & Over | 200m | Butterfly |
| 45 | 46 | 9yrs & Under | 25m | Breaststroke |
| 47 | 48 | 10yrs & Over | 200m | Breaststroke |
| 49 | 50 | 8 - 11yrs | 100m | Freestyle |
| 51 | 52 | Multi Class | 100m | Freestyle |
| 53 | 54 | 12yrs & Over | 100m | Freestyle |
| 55 | 56 | 7yrs & Under | 50m | Freestyle |
| 57 | 58 | 8 - 11yrs | 50m | Backstroke |
| 59 | 60 | Multi Class | 50m | Backstroke |
| 61 | 62 | 12yrs & Over | 50m | Backstroke |
| 63 | 64 | 8yrs & Over | 200m | IM |
| 65 | 66 | 9 - 11yrs | 100m | Butterfly |
| 67 | 68 | Multi Class | 100m | Butterfly |
| 69 | 70 | 12yrs & Over | 100m | Butterfly |
| 71 | 72 | 8 - 11yrs | 50m | Freestyle |
| 73 | 74 | Multi Class | 50m | Freestyle |
| 75 | 76 | 12yrs & Over | 50m | Freestyle |
| 77 | 78 | 10yrs & Under | 4x50m | Freestyle Club Relay |
| 79 | 80 | 13yrs & Under | 4x50m | Freestyle Club Relay |
| 81 | 82 | Open | 4x50m | Freestyle Club Relay |
| Note: a Lunch Break will be provided at an appropriate time in the session | | | | |