

Swimming Pathways

Open High Performance Squad						
National Age Performance Squad State Open Squ			uad			
National Target Squad	State Youth Squad					gram
State Junior Squad	State Target Squad					
State Development Squad				Senior Fitness Squad	i-Class Pro	
Junior Junior Gold Squad Fitness Squad				Inclusion & Multi-Class Program		
Junior Green Squad						Inclus
Junior Aqua & Blue Squad						
Development Squad (Level 8)			Teen & Adult Learn to Swim			
School Age Learn to Swim						
Pre-School Learn to Swim			Club Squad Fitness Squad			
Infant Learn to Swim			LTS Program			